

Reflection Micro-Workshops:

Planning Your Quarter Using Reflection Mapping



Sapan Parekh

Associate Director, RISE Learning Institute

February 4, 2021

What Are We Doing Today?

Agenda

- 1. Why Plan?
- 2. Reflection Mapping
- 3. Examples of Reflection
- 4. Work Time



Why Plan?

Reflections, like other assignments or activities, have a specific purpose. Planning ensures that the reflection meets that purpose without being repetitive.



| | Before | During | After |
|------------------------------|------------|------------|------------|
| | Experience | Experience | Experience |
| Reflect Alone / At Home | | | |
| Reflect with Classmates / In | | | |
| Class | | | |
| Reflect with Community | | | |

Note: For single reflections for multiple experiences, just change the top to **Experience 1, 2, 3**, etc.



Within each cell, include the following:

- Relevant Outcome, Big Idea, Transferrable Skills, or Learning / Personal Development / Civic Goal
- Connection (8Cs: Coursework, Character, Capability, Commitment, Career, Change, Community, Culture)
- Format / Medium



| | Before Experience |
|--------------|---|
| Reflect with | Interpersonal Communication, |
| Community | Knowledge of X Social Issues Community Discussion |

Assignment: Students will choose a community of their own affinity and have a reflective discussion about X social issue. This will frame the content in a personal way before it is covered in class.



| | During Experience | | |
|----------------------------|---|--|--|
| Reflect Alone / At Home | Free Market Economy, Written Communication Coursework & Culture Tripartite Canvas Journal | | |

Assignment: Students will identify and describe an observed example of a free market economy, connect it to content covered in class, and then reflect on how this relates to or affects their understanding of American culture.



| | After Experience | | |
|--|---|--|--|
| Reflect with Classmates / In Class | Personal Contribution Coursework, Change, & Commitment Human Likert Scale | | |

Assignment: Provide statements within this activity to check student understanding of how this field / coursework can impact the world, and how students see themselves as changing and committing to providing a community contribution.



Mapping it all out allows us to:

- See that we are meeting a variety of goals we have for the class
- Ensure a mix of connections
- Create distinct opportunities for reflection to reduce repetition and engage students in different formats

What might a reflection look like that addresses the question:

Who is on the edge of we?



Online Vlog

- 1. Describe a situation in which you realized that an entire group did not receive a societal or economic benefit you and others received.
- 2. In the short- and long-term, why did or didn't this disparity matter?
- 3. What is one thing you can do when you see this situation (or something similar) happening again? What can you do to help prevent it?



Exit Slip

What do we mean by "Who is on the edge of we?" What is one class concept that this relates to?

OR

What might be the consequences of data collection and analysis that purposefully leaves some people out? How might this impact our field?



Split the Room + Journal

- Is the role of government to provide equal services to all residents or to uplift those who are often marginalized through additional services?
- 2. Will society become more inclusive through individuals working within the system or challenging the system from outside?

In journal: What was your greatest takeaway from today's activity? How was this topic relevant to what's we're doing in class? What specifically can you do to foster inclusivity and equity?

BELLEVUE

Work Time

| | Before Experience | During Experience | After Experience |
|------------------------------------|----------------------|----------------------|---------------------|
| Reflect Alone / At Home | | | |
| Reflect with Classmates / In Class | | | |
| Reflect with Community | | | |

Relevant Outcome, Big Idea, Transferrable Skills, or Learning / Personal Development / Civic Goal

Connection (8Cs: Coursework, Character, Capability, Commitment, Career, Change, Community, Culture)

Format / Medium



Work Time

- Choose a longer-term learning experience from which could likely design multiple reflections.
- 2) Create a Reflection Map.
- 3) Consideration: How can a single experience provide multiple opportunities to learn? What are the different ways in which this learning experience can help students grow?

